

# My Parrot's Weight Chart



Keep this chart with your pet records or Parrot Profile!

<div style="border: 1px dashed black; padding: 10px; width: fit-content; margin: auto;">                 Attach a photo of your pet             </div>	Pet Name	Age or DOH
	Species	ID Band/chip
		Scale Brand

**Avian Veterinarian Contact info:**

**Avian Groomer Contact info:**

**Weekly Weights-** Why is this Important? A responsible avian caretaker's health management program should include weekly weight monitoring. Keeping records of your companion's weight might highlight a health concern or suggest a diet re-evaluation. Furthermore, a weight management program can guide you to be proactive with your bird's exercise program. Should your bird suffer from any illness, this data keeping will help your veterinarian to quickly evaluate the condition of your bird.

Week 1	Week 2	Week 3	Week 4		Week 5	Week 6	Week 7	Week 8		Week 9	Week 10	Week 11	Week 12	

**Calendar Reminders :** Schedule grooming appointment by avian veterinarian or qualified Avian Specialist about every 3 months.

Week 13	Week 14	Week 15	Week 16		Week 17	Week 18	Week 19	Week 20		Week 21	Week 22	Week 23	Week 24	

**Health Reminders :** If you're seeing a weight gain in your bird, consider a diet change or new exercise regiment.

**Pet Name**

Week 25	Week 26	Week 27	Week 28		Week 29	Week 30	Week 31	Week 32		Week 33	Week 34	Week 35	Week 36	

**Health Reminders: Be sure to check your bird's feet for signs of pododermatitis on a regular basis! Your Groomer or Avian Veterinarian can help you with evaluations!**

Week 37	Week 38	Week 39	Week 40		Week 41	Week 42	Week 43	Week 44		Week 45	Week 46	Week 47	Week 48	

**Calendar Reminder: Time to get a new Weight Chart. Visit [www.hagen.com/hari](http://www.hagen.com/hari) for print out!**

Week 49	Week 50	Week 51	Week 52		Week	Week	Week	Week		Week	Week	Week	Week	

This handy form brought to you by HARI -The Hagen Avicultural Research Institute &

