



**THE WONDER OF IT ALL**

Located near Montreal, Quebec, HARI is an research institute establishment built in 1985 to promote the welfare of companion birds. Under the direction of Psittacine Aviculturist, Mark Hagen, the constant study of the captive breeding and maintenance of these birds has lead to tremendous developments in bird husbandry, nutrition & disease control.

One of the major areas of research carried out at HARI is concerned with nutrition. Extensive trials have revealed that Tropicana has a greater nutrient density and digestibility than other diets on the market, which result in better plumage, weight balance, lower consumption, greater metabolic water production and therefore lower water intake, lower urination, pleasant smelling feces and excellent palatability.

HARI has fed more than 350 pairs, of over 58 different species of parrots on this extruded granular diet, and Mark Hagen notes that regular health checks have revealed no signs of feather stress bars, kidney disorders, weak bones or any other problems usually associated with nutrition.

To share their experiences HARI constantly publishes research on topics such as disease control, pair bonding, nutrition and the influence of temperature, humidity and light cycles on breeding. All these papers are available to pet stores, breeders and veterinarians on request



HARI chicks have been raised as result of several generations in captivity which makes up our breeding colony. The parents have been selectively chosen for their favorable companion character traits.

Our chicks have closed leg bands for identification. Should this band be removed please conserve it in your files for future reference and proof of captive breeding.

We recommend feeding be done in the weaning cage, this will ensure a successful weaning process. Do not confuse the chick by offering a multitude of diets: Hari's chicks have been raised exclusively on the Tropicana Hand Feeding formula. When weaning chicks that have been raised on Tropicana hand feeding formula , they should progress to being spoon fed ( warm soaked and dry )Tropicana High Performance granules.

Tropicana is scientifically formulated as a completely balanced extruded diet, containing eight grains and nuts for maximum palatability and biological value which results in better plumage, weight balance, lower consumption, greater metabolic water production and therefore lower water intake, lower urination, pleasant smelling feces and excellent palatability.

As your chick matures towards it's juvenile age (1 yrs old) the diet can remain the same as above with the exception of offering the Lifetime, Maintenance Tropicana Formula instead of the Tropicana High Performance. An alternation with the Tropicana High Performance formula is recommended for the breeding season and periods of higher energy expenditure. Birds housed in larger flights with a stimulating environment favoring exercise and exposed to cooler temperatures can be fed the High Performance diet longer throughout the year

### Optimum feeding recommendations

**Tropicana :70 %-100 % of the daily diet**

**Tropimix: 20%-30 %**

5-10 % millet and fresh greens and veggies and healthy table foods for birds\*sprinkled with Prime if less than 70 % of the diet eaten is Tropicana

**TROPICANA**



Tropicana is easy-to-eat and easy-to-serve. Formulated for overall body health, each pellet contains a healthy blend of grains, seeds, vegetables, fruits, proteins, vitamins, and minerals. Tropicana offers optimum diet for various bird species allowing you to feed your bird the exact levels of protein, fat, fiber and other essential nutrients they require. Tropicana pellets are completely edible, therefore less likely to end up scattered over your floor or the cage bottom.

**TROPIMIX**



Tropimix knows that one of the most important elements in keeping your bird healthy is proper nutrition. We all know that an Extruded diet like Tropicana is the best choice. However, birds, like humans, seek the enjoyment of eating different foods. In the wild birds will eat a wide variety of seeds to get a balanced diet and Tropimix offers the best of both worlds.

- Tropimix is a healthy 100% edible multi-grain, fruits, vegetables with added Tropicana, giving your bird every possible advantage for a healthier happier life.
- Tropimix contains a carefully chosen selection of the finest human grade quality ingredients available.

**GLO**



Bring Natural Daylight Indoors Glo Compact Fluorescent Recreate your bird's natural environment

- Helps relieve psychological distress which happens with seasonal change
- Brings out the vibrant color in your bird's feathers
- Soothing heat for ideal temperature.

**PRIME**



The only food supplement specifically formulated for birds eating a seed diet. Years of formulating and field testing have resulted in the most advanced avian supplement. Prime has excelled above all the supplements in providing all species of companion birds with their required nutrients. We recommended Prime be sprinkled over your birds favorite fruits and vegetables.

- 5 % millet, healthy table foods ( rice and pasta) fruits and vegetables sprinkle with Prime



Toys are what will occupy your birds while you are away; they play a critical role in keeping your birds healthy. We recommend rotating toys regularly, this will help minimize boredom and reduce risk of behavioral problems

**LIVING WORLD**



Living World Mineral Block for Birds contains minerals that birds find in their natural surroundings, provides a source of extra calcium and minerals required for healthy egg formation and feeding parents. It supplements calcium for strong bones and feather formation while making available a number of other minerals often deficient in seed diets.

# Quaker

MONK PARAKEET  
*Myiopstia monachus monachus*



**Q**uakers have an impressive aptitude for learning. They are energetic, sturdy, curious, naturally gregarious and will thrive if provided optimum health care, housing and healthy diet. They welcome challenging occupational therapy such as foraging toys and weaving materials. They enjoy daily misting, plenty of exercise and training. We recommend that you have your Quaker sexed (blood sampling for DNA sex determination) to give you additional guidance for its future behavior and health preoccupations.

Quaker parakeets are reputed to have an expansive personality and some can even learn to be good talkers. They are extremely sociable birds but, must be guided, with loving discipline and training so they can understand the boundaries and what is expected from them. We encourage all new Quaker caretakers and all members of the family to establish a healthy flock hierarch within your home from the start. With the participation of all members of the family. A relationship of tutor and child must be promoted and should not encourage one of a mating companion. Allowing the avian companion to pair bond with a human flock member can have undesirable consequences (contribute to unfavorable behaviors such as screaming and biting)

# HUSBANDRY



## My Parrot Profile

**Congratulations** for adopting your new feathered companion. Here are a few basic recommendations we've compiled to initially guide you to become the best caregiver possible for this small parrot.

We encourage you to continue your education with numerous resources available to provide optimum care, health and enjoyment for years to come

### Information

Name: \_\_\_\_\_ Date: \_\_\_\_\_  
 Species: \_\_\_\_\_ (Latin name): \_\_\_\_\_  
 Band #: \_\_\_\_\_ Opened  Closed  Physical characteristic for ID: \_\_\_\_\_  
 Microchip #: \_\_\_\_\_ Chip manufacturer: \_\_\_\_\_  
 Captive bred  Breeder: \_\_\_\_\_ Neonate diet fed: \_\_\_\_\_  
 Age: \_\_\_\_\_ Hatch date: \_\_\_\_\_ Unknown  Average weight: \_\_\_\_\_ g  
 Sex: M  F  Unknown  Sexing method: Sexual dimorphism  DNA  Surgical sexing   
 History (source, previous owners, quarantine, parent ID...): \_\_\_\_\_

### Examination

Polyoma Virus  Pacheco's Virus  Psittacose Chlamydia  PBF   
 Samples taken from: Feathers  Blood  Nail  Vein  Droppings  Environmental swab   
 Samples submitted by: \_\_\_\_\_ To which Lab: \_\_\_\_\_  
 Vaccination (register all records on next page and conserve all documents): Polyoma  Pacheco's   
 Diet provided -specify as much detail as possible (quantity eaten, brands, frequency offered)  
 • Formulated diet: \_\_\_\_\_ / \_\_\_\_\_ %  
 • Grain: \_\_\_\_\_ / \_\_\_\_\_ %  
 • Fruits/veggies: \_\_\_\_\_ / \_\_\_\_\_ %  
 • Supplements (Vitamin's/Calcium) \_\_\_\_\_ / \_\_\_\_\_ %  
 • Other : \_\_\_\_\_ / \_\_\_\_\_ %  
 Water source & quality: \_\_\_\_\_ Daily intake: \_\_\_\_\_ ml  
 Does your parrot have a cage mate Y  N  if yes, since when Date: \_\_\_\_\_  
 Are they reproductively active Y  N   
 Are there other birds in your household Y  N  if yes, specify Number: \_\_\_\_\_  
 Species: \_\_\_\_\_  
 Primary cage dimensions: length: \_\_\_\_\_ width: \_\_\_\_\_ height: \_\_\_\_\_ Cage manufacturer: \_\_\_\_\_  
 Other cage or activity center / Playgym: \_\_\_\_\_  
 Types of perches: Plastic  Wood  Concrete  Natural branches   
 Natural branches (specify type of wood): \_\_\_\_\_  
 Pesticide free: Y  Unknown  Are the perches of varied dimensions: Y  N   
 Exposure to natural sunlight: Y  N  Full spectrum lighting: Y  N   
 The number of hours of undisturbed sleep per night: \_\_\_\_\_ Number of hours of daytime nap: \_\_\_\_\_  
 Is the cage covered for the night: Y  N  Do you retreat your bird to a sleeping cage at night: Y  N   
 Does your parrot get showered  mist  bathe  None  Frequency: \_\_\_\_\_  
 Access outside of cage unsupervised: Y  N   
 Do you use hazardous detergents/appliances/ products in your home: Y  N   
 Potentially toxic plant species in your home: Y  N  Unknown   
 Is your family or parrot sitters familiar with potentially toxic & hazardous materials: Y  N

**This profile form can help you, help your bird**, by providing valuable information to your veterinarian, bird sitter or future adoption family. Should your pet require hospitalization or boarding, a copy of your birds profile will be useful to the clinic or bird sitters. The answers to these questions could be valuable when consulting for medical and behavioural concerns. The complex nature of these birds should not be limited to these questions. We encourage you to add as much information as possible to your parrot's profile form. Conserve this information along with the birth certificate, feathers, photos, vaccination certificate and health related document.

Suggested readings:  
**The Guide To Owning a Quaker Parrot**,  
 T.F.H Publications, Inc, author Gayle Soucek  
**Guide to the Quaker Parrot**  
 (Second Edition) by Mattie Sue Athan

### Medical History

Check the following if your parrot has previously encountered & required medical attention for:

Respiratory problems  Intoxication   
 Allergic reactions  Feather plucking   
 Cloacal papillomas  Skin disorder   
 Egg binding or related peritonitis  Ear infection   
 Fractures  Eye infection   
 Bumble foot/toe amputation  Fungal infection   
 Parasitic infection  Trauma   
 Bacterial infections  Other: \_\_\_\_\_  
 Which avian veterinarian clinic have you consulted: \_\_\_\_\_  
 Tel.#( ) \_\_\_\_\_ Yearly visits: Y  N  Frequency: \_\_\_\_\_

### Behavior & Character Traits

Biting: Y  N  Frequency: Rarely  Occasionally  Frequently   
 With whom & under what circumstance: \_\_\_\_\_  
 Screaming: degree and frequency: \_\_\_\_\_  
 Talking abilities: Y  N  Number of words: \_\_\_\_\_ Vocabulary: \_\_\_\_\_  
 Language(s) understood: \_\_\_\_\_  
 Toilette trained: Y  N  Specify where: \_\_\_\_\_  
 Do you bring your bird outdoors? Y  N   
 Do you use a harness? Y  N  Does your bird have an outdoor flight cage? Y  N   
 Are flight feathers trimmed : Y  N  Frequency and degree: \_\_\_\_\_  
 Does it perform tricks Y  N  Explain: \_\_\_\_\_  
 Behavior around children: \_\_\_\_\_

Grooming and weight monitoring should be used as an opportunity to develop trust and mutual respect with your avian companion.



### Feeding

Your chicks' feeding status: \_\_\_\_\_  
 Chick is presently fed \_\_\_\_\_ times per day: Morning  Noon  Evening  Late night   
 Syringe feeding: \_\_\_\_\_ # ml-cc per feeding using Tropic Hand Feeding Formula  
 Morning  Noon  Evening  Late night   
 Spoon feeding: \_\_\_\_\_ # tsp per feeding using Tropic High Performance Granules  
 Morning  Noon  Evening  Late night



Weight monitoring is recommended at least twice per year to evaluate the dietary needs and prevent obesity.

- Chick is partially weaned. Only requires occasional supplemental feeding to ensure weight is maintained.
- Chick is completely weaned but daily monitoring is essential to ensure there is no regression during the transition to the new environment.

Monitor the weight of the chick on a daily basis if possible especially after its arrival. The purchase of a small scale is the best investment for monitoring the health of your companion you will ever make.

- The last weight recorded at the breeder's: \_\_\_\_\_ g. the \_\_\_\_\_ of the year 2008.
- The last weight recorded at the point of purchase is: \_\_\_\_\_ g the date: \_\_\_\_\_

## "Versatile living quarters" for your Quaker Parakeet

In order to prevent cage bonding and territorialism, your bird should be provided with a variety of habitats. This also helps challenge them mentally, prompting and encouraging their instincts for adaptability and independence. Unfortunately many birds are not provided with versatile living quarters.



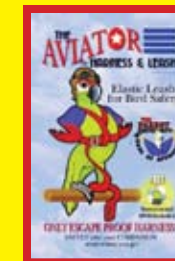
The day cage is perhaps the most important investment you can make. It should be a spacious, stimulating environment allowing for plenty of light and air. Ideally the space within the day cage should be at least 10 times the size of your bird with it's wings opened or as large as you can accommodate within your living space. An exercise gym and a separate training stand are also recommended.

Your bird should also be provided with a sleeping cage, covered at night and placed in a quiet retreat within your home to allow 10-12 hours of uninterrupted sleep for your feathered companion. A "starter" cage, purchased for weaning and fledgling chicks, can always be converted to the sleep (or boarding cage) once is not longer needed for its original purpose.



It is recommended that 12-15 hours of uninterrupted sleep is required by your pet to maintain a healthy lifestyle. You'd be surprised at how quickly undesirable behaviours can be managed and eventually modified when your pet is provided with a comfortable and secure night-time retreat. To promote an undisturbed sleep, the sleeping cage should be covered at night and located in a quiet and safe location, away from disturbances and predators (cat or dog companion animal).

It's also important to socialize your Quaker Parakeet. A well-socialized parakeet is curious and gregarious, takes an interest in its surroundings and thrives on attention. To help socialize your pet, you might want to consider taking it along to family events or for strolls through your neighbourhood. This can be achieved through the use of an avian harness such as the "Aviator". We strongly recommend that you begin acclimatizing your bird to an avian harness at a young age (X-small for quakers).



Another method of transporting your parakeet is by the use of an avian transport carrier. From its first car ride to it's new home, to annual vet check-up, to grooming appointments, to "play dates" with other feathered friends – a carrier plays an essential role.

